



IMPERIAL SPA

ÉCLAT DE VIE  
(living radiance)

# ÉCLAT DE VIE (LIVING RADIANCE): 3 THEMED PROGRAMS TO CHOOSE FROM

These experiences are available as part of a 5-days/6-nights accommodation package. (Price: See "2017 Rates"). On request, these experiences can be proposed without accommodation.

## WEIGHT LOSS

### INSTITUT GUERLAIN

Detox Bath	20 mn
Detoxifying Scrub with 3 Salts	30 mn

Green Tea Detox Slimming Wrap	30 mn
Guerlain Detoxifying Modelling	50 mn

Aesthetic Lymphatic Draining Massage	50 mn
Fucus Wrap	30 mn
Foot Reflexology Massage	50 mn
Guerlain Slimming Modelling	2 x 50 mn

### PRIVATE COACHING

Body Age Physical Assessment	50 mn
Aqua-Slimming Circuit	50 mn
Functional Training Circuit	50 mn

### HARMONY IN LIFE

Dynamic Sophrology or Body and Mind Relaxation	50 mn
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## DEEP SERENITY

### INSTITUT GUERLAIN

Guerlain Complete Facial Treatment	80 mn
Guerlain Imperial Oils Bath	2 x 20 mn
Guerlain "Institut 68" Body Scrub	30 mn
Serenity Moisturising Wrap	30 mn
Foot Reflexology	50 mn

Guerlain personalised modelling	80 mn
one of the following: « 4 Sensorial Journeys » Relaxing Imperial Modelling	
Energising Muscular Modelling	50 mn

### PRIVATE COACHING

Pilates	50 mn
Aquagym Session	50 mn

### HARMONY IN LIFE

Dynamic Sophrology or Body and Mind Relaxation	50 mn
Qi Gong	50 mn



## ETERNAL YOUTH

### INSTITUT GUERLAIN

"Abeille Royal Expert" Facial Treatment	80 mn
Lifting and Firming corrective Facial Treatment	
Intensive Body Treatment: Exfoliation - Wrap	110 mn
Personalized modelling	
Beauty Lift Facial Treatment	2 x 60 mn
Plumped cheeks	
Hand and Foot Therapy	80 mn
Exfoliation - Repairing treatment	
Modelling - Nail polish application	

### LEONOR GREYL HAIR INSTITUTE

Leonor Greyl Imperial Treatment	80 mn
Scalp analysis - treatment using natural products and additional trace elements	

### PRIVATE COACHING

Pilates	50 mn
Aquabike	50 mn





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